

# UHC Health Advantage

At UnitedHealthcare, we understand the importance of relationships in health care.

That's why we're pleased to offer you a health plan that includes a special approach to relationships. This approach means each time you or someone in your family needs support, you'll speak with the same nurse – like having a nurse in your family.

## More about the dedicated nurses.

- **Monday - Friday 8:00am - 8:00pm:** You can call anytime to speak with your nurse. (If you call when your nurse is not working, other nurses are available to help, too.)
- **1-to-1 support:** You'll have a dedicated nurse available to support you and your family.
- **Personalized service.** Your nurse can help you find a provider, schedule appointments and they can also send reminders for the entire family.
- **Specialty resources.** As needed, your nurse can connect with other resources, like doctors, pharmacists or team of social workers and behavioral health specialists.
- **Complex care support.** If you've suffered injuries from an accident, been diagnosed with a chronic condition like diabetes or a complex condition like coronary artery disease or cancer, your nurse is there to support you and your loved ones.
- **Hospitalization support.** If you will be in the hospital in the future, you'll speak with the same nurse before and after your stay, so you know what to expect beforehand and then get the support you need during recovery.
- **Maternity support.** If you are expecting a child, you can get support from specialized nurses before, during and after pregnancy.
- **Outreach.** A nurse may call you after a hospital stay or a recent diagnosis to help connect you with information and resources you may need.



## Call to speak with a nurse for questions about:

- A new diagnosis
- A medical claim
- Finding a primary care physician
- Your health and prescription benefits
- Managing a chronic health condition, like diabetes, coronary artery disease or asthma

## More health services and resources at your fingertips.

In addition to a dedicated nurse for your family, your health plan offers lots of other resources to use whenever you need them. To find information and services available to you, visit the Health & Wellness tab on myuhc.com®.



**1-800-387-7508**  
TTY 711



**This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room.** The material provided through this program is for your information only. It is provided as part of your health plan. It should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for your doctor's care. Program nurses and coaches cannot diagnose problems or suggest treatment. Your personal health information is kept private based on your plan's privacy policy. Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.