

# Your Annual Enrollment checklist

## Review your benefits

- ✔ **Explore your benefit options** and see what's changing for 2023.
- ✔ **Check your current elections on [enroll.stryker.com](https://enroll.stryker.com).** The site has a new look, making it even easier to find the information you need and take action to enroll. To view your current benefit elections, click on the "Your Benefits Summary" button under Quick Links.
- ✔ **Consider your 2023 coverage needs.** Will your needs change in 2023? Has it been a while since you compared your options? It's easy to compare medical plan options with the 2023 Medical Expense Estimator tool, which you can find on [totalrewards.stryker.com](https://totalrewards.stryker.com).

Annual Enrollment for your 2023 benefits will take place  
**October 24 – November 4, 2022,**  
**at 11:59 p.m.**  
Central time.

## Prepare to enroll

- ✔ **Locate dependent information.** Before you enroll, gather Social Security numbers and other dependent certification information for any newly added dependents.\*
- ✔ **Double check your beneficiaries.** This only takes a moment. Make sure the right person receives your life insurance and other death benefits if the unexpected happens.
- ✔ **Confirm your address and phone number in Workday.** Make sure your Annual Enrollment materials go to the correct address.

## Choose your benefits

- ✔ **Enroll on [enroll.stryker.com](https://enroll.stryker.com)** between October 24 and November 4 at 11:59 p.m. CT. Once you enroll, be sure to print your confirmation statement.
- ✔ **Take action to:**
  - **Change your medical, dental, vision or supplemental health coverage for next year.**
  - **Contribute to a Health Savings Account (HSA) or Flexible Spending Account (FSA) in 2023.** Your current HSA or FSA payroll deduction will not roll over to 2023.
  - **Review and update your life insurance elections and beneficiaries.**
  - **Confirm or update your tobacco status** to avoid the annual \$600 Tobacco Use Surcharge. If you enroll in one of Stryker's medical plans, **you must complete the Tobacco Use Affidavit every year** indicating the tobacco use status for you and your covered spouse/domestic partner (if applicable).

## Provide documentation (if applicable)

- ✔ **Provide dependent certification** for any dependents that you are newly enrolling in the health plan by November 11, 2022. If you do not provide the dependent certification documents, your dependent will be removed from your 2023 coverage.
- ✔ **Complete Evidence of Insurability (EOI)** for your supplemental or spouse/domestic partner life insurance, if requested, by March 15, 2023. The Hartford will notify you in January if you must complete EOI.

\*Dependent certification includes birth certificates for your children and/or your marriage certificate and 2021 tax return for your spouse. For other dependents or options, please contact myHR. Remember, unless your covered children have a qualifying disability, they may only be covered until age 26 by the medical, dental, vision, supplemental health and child life insurance plans.