

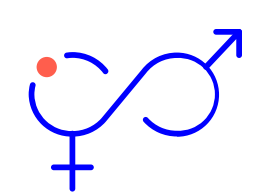
Get healthcare for the whole you.

As part of your Stryker benefits, Included's LGBTQ+ Health is here to ensure access to quality care for every health need.



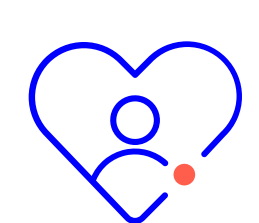
We understand that healthcare isn't just surgeries or medications you're prescribed. It's a receptionist using your correct pronouns, an ob-gyn supporting your gender identity, a primary care physician celebrating your choice to go on PrEP. That's where we can help.

Get dedicated support from a dedicated care coordinator.



LGBTQ+ affirming specialists

Find doctors for every need, from help with PrEP to gender-affirming surgery.



Understanding therapists

Find a therapist who has experience working with LGBTQ+ people.



Answers to insurance questions

Find out what's covered, what's not, and ways to save on care.

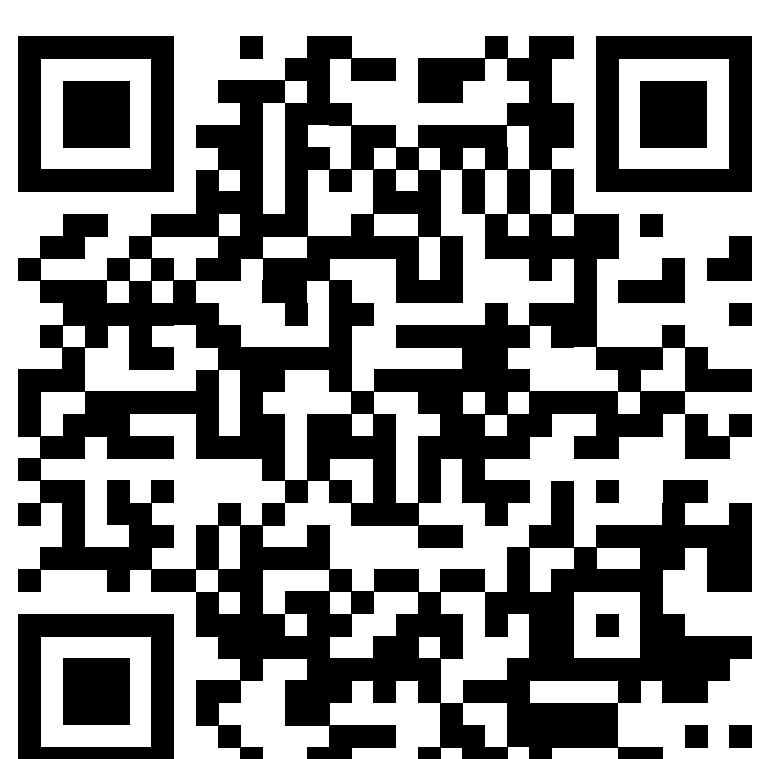
How much does it cost?

Included Health won't cost you or your covered dependents a thing.

How do I get started?

- 1 Visit includedhealth.com/stryker
- 2 Activate your account.
- 3 Download the Included Health app.

Included Health is HIPAA-compliant, which means your information is kept private.



Activate your account.

includedhealth.com/stryker
1-855-431-5551

LGBTQ+ Health



FAQs

What's Included's LGBTQ+ Health?

We're the first comprehensive care navigation platform for the LGBTQ+ community. We specialize in connecting LGBTQ+ members and their loved ones with quality, affirming care. Members get a dedicated care coordinator as the starting point for any healthcare need. Over 90% of our care coordinators identify as LGBTQ+.

Will this remain confidential?

Yes, everything you share with us is completely confidential.

Will providers be covered by my insurance?

We do our best to connect you with in-network providers. Our carefully-vetted directory includes thousands of affirming clinicians. If we don't have a provider in your area, we'll find one for you.

What if I don't need care right now?

Become a member and meet your dedicated care coordinator to start a relationship today before you need care tomorrow.

Who is eligible?

Included Health is available to all Stryker employees and dependents covered under a Stryker medical plan. LGBTQ+ support is available to all benefits eligible employees and their dependents.

To add a family member, follow these steps:

1. Log in to your Included Health account.
2. Go to **Me** if on your phone, **My Plan** if on a computer.
3. Select **Family Settings**, then **Add a Family Member**.

How we help:

Physical health

How can I get PrEP or find a provider who knows about PrEP?

Gender-affirming care

Can you help me with my insurance and finding gender-affirming surgeons?

Mental wellbeing

I'm looking for an LGBTQ+ experienced therapist. Is there one near me?

Local in-network coverage

There's only one provider in my area who fits my needs. Can you help get this covered by my insurance?

Community support

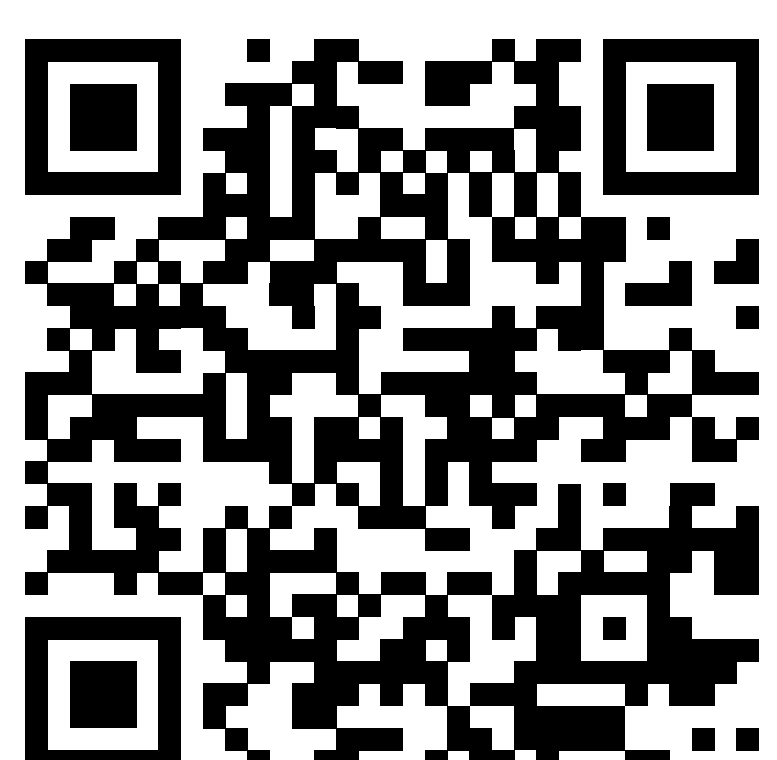
My child has come out as non-binary, and I need help supporting them. Can you help?

Benefits navigation

I'm planning for upcoming care. Can you tell me what's covered by my plan?

Family building

I'm looking to grow my family. Can you help me find an affirming OB/GYN, fertility specialist, or surrogacy agency?



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