

See a doctor who sees you. **It's time you were seen.**

This Stryker benefit finds you high-quality, culturally competent care. Health equity starts here.



Black Health by Included Health is a service designed to connect our Black members to vetted, affirming, and high-quality care. We're here to help you find the care you need to feel seen, heard, and understood.

Get dedicated support from a dedicated care coordinator.



We get you the highest-quality care.

From pregnancy to primary care, your dedicated care coordinator finds the right in-network care for you.



We connect you to community resources.

Discover local support groups for help with all sorts of physical and mental health needs.

Who can use Black Health?

Included's Black Health services are available to all U.S. benefit eligible employees and their dependents. Black Health won't cost you or your eligible dependents a thing.

How to register:

- 1 Download the Included Health app and activate your account if you haven't done so already.
- 2 In the app, select Black Health services and fill out the brief confidential questionnaire about your healthcare needs and background.
- 3 Once complete, you're now a member and will have a dedicated care coordinator available in the app or over the phone for personal support.



Activate your account.

includedhealth.com/stryker
1-855-431-5551

Black Health



Frequently Asked Questions

What's Black Health?

This is a service focused on health equity and culturally-competent care, designed to connect employees and covered dependents who identify as Black to vetted, affirming, high-quality care and community support to address their unique needs.

How can I use Black Health?

First, activate your account online. Then, message or call us anytime you need care.

When should I use Black Health?

Whether it's making a first appointment or understanding what's covered, we get you the care and answers you need.

- **Dedicated Care Coordinators.** Get matched to an experienced coordinator on a Black-led care team, who guides you through any healthcare need.
- **Top doctors, specialists, therapists, and more.** Find culturally-competent care from in-network doctors, including specialists in pregnancy and childbirth, heart health, and children's healthcare.
- **Community resources.** Connect to resources for physical and mental health, including support groups for coping with grief and substance abuse.

What if I don't need care right now?

Become a member and meet your dedicated care coordinator to start a relationship today before you need care tomorrow.

Who is eligible for Black Health?

All benefit eligible employees who identify as Black or have a Black dependent, including partners, spouses, and children, are eligible.

How much will this cost me?

Included Health won't cost you a thing. It's a completely covered benefit, paid for by your employer.

If I have other questions, where should I go?

Call 1-855-431-5551 or visit includedhealth.com/stryker to learn more or get started.

Included Health is HIPAA-compliant, which means your information is kept private.



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