

Need healthcare help? You got it.

For all things healthcare, start with Included Health. Get assistance navigating the care you need, the way you want—all from a single app or by phone.

Let Included Health help navigate your healthcare.

-  Remote second medical opinions from leading specialists and 24/7 access to expert medical advice for members enrolled in a Stryker medical plan.
-  Assistance with claims, appeals, personalized cost estimates and finding high-quality providers for UHC Value PPO, Premium and Basic HSA Plans. For Surest members, these services are available through Surest Member Services.
-  LGBTQ+ Health and Black Health services can assist all benefit eligible employees and their families access high-quality, culturally inclusive care for those of particular interest to Black and LGBTQ+ communities.

Who can use Included Health?

Included Health is available to all Stryker employees and dependents covered under a Stryker medical plan.

LGBTQ+ and Black Health support is available to all benefit eligible employees and their dependents.

Activate your Included Health account and earn 100 points in Strive!



Get started.

includedhealth.com/stryker

1-855-431-5551

download the app

How much does it cost?

Included Health is fully covered by Stryker and available at no cost to employees and dependents.

How do I get started?

1. Download the Included Health app.
2. Activate your account or log in.
3. Get the healthcare help you need.

