

Need healthcare help? You got it.

For all things healthcare, start with Included Health. Get assistance navigating the care you need, the way you want—all from a single app or by phone.

Let Included Health help navigate your healthcare.



Remote second medical opinions from leading specialists and 24/7 access to expert medical advice for members enrolled in a Stryker medical plan.



Assistance with claims, appeals, personalized cost estimates and finding high-quality providers for UHC Value PPO, Premium and Basic HSA Plans. For Surest members, these services are available through Surest Member Services.



LGBTQ+ Health and Black Health services can assist all benefit eligible employees and their families access high-quality, culturally inclusive care for those of particular interest to Black and LGBTQ+ communities.

How much does it cost?

Included Health is fully covered by Stryker and available at no cost to employees and dependents.

How do I get started?

1. Download the Included Health app.
2. Activate your account or log in.
3. Get the healthcare help you need.

Who can use Included Health?

Included Health is available to all Stryker employees and dependents covered under a Stryker medical plan.

LGBTQ+ and Black Health support is available to all benefit eligible employees and their dependents.

**Activate your Included Health account
and earn 100 points in Strive!**



download the app

Get started.

includedhealth.com/stryker

1-855-431-5551

