

2025 monthly full-time employee cost of coverage

	Employee only	Employee + 1*	Family*
UHC Choice PPO	\$161	\$315	\$494
UHC Value PPO	\$141	\$274	\$433
UHC Premium HSA	\$123	\$230	\$366
UHC Basic HSA	\$66	\$88	\$120
UHC Out-of-Area	\$157	\$308	\$483
Kaiser Permanente of Northern California	\$213	\$389	\$612
Kaiser Permanente of Southern California	\$164	\$290	\$430
BCBS Alabama	\$197	\$364	\$538
HMSA	\$35	\$328	\$510
Dental	\$20	\$40	\$60
Vision	\$5	\$10	\$15

*Employee + 1 represents Employee + Spouse/Domestic Partner or Employee + Child. Family represents Employee + Children or Employee + Family (Employee + Spouse/Domestic Partner + Child[ren])

Note: You can only change your healthcare plan option (e.g., from an HSA plan to a PPO plan) during Annual Enrollment (unless you have a qualifying life event that changes your eligibility).

For part-time employee costs of coverage, visit enroll.stryker.com or contact the myHR Team.

How do your costs compare?

Healthcare costs are rising across the nation. Our coverage continues to be comprehensive, high-quality and affordable compared with other companies. Take a quick look at how your 2025 monthly costs for coverage compare to other Fortune 500 companies last year.

	PPO Plans		HSA Plans	
	Stryker UHC Choice PPO Plan	Fortune 500 Average	Stryker UHC Basic HSA Plan	Fortune 500 Average
Employee-only coverage	\$161	\$178	\$66	\$120
Family coverage	\$494	\$643	\$120	\$463

Source: Mercer's National Survey of Employer-Sponsored Health Plans 2023