

Need healthcare help? You got it.

For all things healthcare, start with Included Health. Get assistance navigating the care you need, the way you want—all from a single app or by phone.

Let Included Health help navigate your healthcare.



24/7 access to expert medical advice.



Remote second medical opinions from world-leading specialists.



Assistance with claims, appeals, personalized cost estimates, finding high quality providers and booking appointments for UHC plan members.



Included Health's Community programs provide concierge support for Black and LGBTQ+ employees and their eligible dependents. Experienced, predominantly LGBTQ+ and Black care team members connect you to vetted, high-quality, and culturally competent care, so you always feel seen, heard, and understood.

Who can use Included Health?

Included Health is available to all Stryker employees and dependents covered under a Stryker medical plan.

LGBTQ+ and Black Health support is available to all benefit eligible employees and their dependents.

Activate your Included Health account and earn 100 points in Strive!



download the app

Get started.

includedhealth.com/stryker

1-855-431-5551

How much does it cost?

Included Health is fully covered by Stryker and available at no cost to employees and dependents.

How do I get started?

1. Download the Included Health app.
2. Activate your account or log in.
3. Get the healthcare help you need.

